



Coaching and mentoring (1 week course online)

1 week (Mon-Fri only)

15 hours' synchronous course content (14:00-17:30 UK time, Mon-Fri)

Course summary

On this online but hands-on and transformative **one**-week course you will develop the knowledge, skill, and confidence to establish a creative culture of mentoring, coaching and feedback in your workplace. You will learn about ways of applying coaching and mentoring in staff development, and give and receive feedback on performance. Additionally, throughout the course, we will explore, discuss and test best practice for carrying out coaching and mentoring work online.

This course is for:

- Academic managers, team leaders, teacher trainers and those responsible for teacher and staff learning, and organisational well-being
- Teachers who wish to take on leadership and staff development roles, or become teacher trainers
- Those who observe face-to-face and online lessons and wish to give accurate, skilful and supportive feedback
- Teachers who want to supplement their methodology skills with the artistry of facilitation and people skills so essential for high level learning performance
- Those with **C1 level** or above

What you will gain by attending the course:

- A broad understanding of the impacts of coaching, mentoring and feedback and the differences between them.
- Experience in the different roles of mentor, mentee, coach, coachee, feedback giver, feedback receiver, and also observer of these relationships.
- Focus on the kinds of applications most suited to your workplace.
- A personalised toolkit of interventions to help staff to engage with their own learning
- Confidence to manage difficult situations and to initiate honest and critical reflection
- Increased motivation, confidence and satisfaction in your work as an educational leader - whether teacher, trainer or manager.



- Improved English language competences across all of these skills

Course content

- This course will cover some or all of the following topics:
- A complete set of verbal interventions for use in a full range of professional learning needs
- Practice in major areas of interpersonal helping and supervision such as: being supportive; dealing with positive and negative feelings; encouraging developmental thinking, offering prescriptions, challenging blind spots, raising self-esteem
- How to shift elegantly between offering direction and inviting self-direction
- Practise of these interventions as facilitator, 'client' and observer using a practice -> feedback -> reflection -> practice cycle
- A clear articulation of the values that underlie skilled helping, and criteria for establishing the validity or otherwise of interventions
- Getting things done through people: New models of leadership for teachers, managers, and staff in a people-based organisation.
- Creating a positive psychological learning atmosphere in classroom, staff room and team.
- Using the above skills and insights to develop high level coaching, or mentoring or feedback, according to your need or inclination.

Tel: +44 (0)1223 275598

Email: enquiries@bellenglish.com

www.bellenglish.com/teacher-development/