



# Elective: Dance

## Overview

Students develop technical dance skills and learn a variety of styles including traditional and contemporary genres. They also learn how to choreograph and develop their own original routines and practise performing and evaluating the performance of others.

## Learning Outcomes

Students will:

- be able to perform basic movements in a variety of dance styles such as street dance, contemporary, jazz and salsa.
- be able to use choreographic techniques to create their own movement sequences.
- have improved confidence to perform in front of others.

## Language Outcomes:

Students will:

- be able to use the words for common dance techniques e.g. pirouette, kick-out,
- be able to describe different types of dance movement e.g. rolling, turning, leaping, walking, cartwheel etc.
- be able to understand choreography instructions when delivered clearly at normal speed.

**Sample Content** (please note this is a sample – dance styles included may vary from course to course, but the general structure of the sessions will follow this structure).

SESSION 1	SESSION 3
<p>Contemporary dance master class</p> <ul style="list-style-type: none"><li>• Warm-up</li><li>• Learn the main moves (swings, balances, downward dog, jumps etc.) through video and practise.</li><li>• Students learn a contemporary sequence</li><li>• Mini-choreography task: students develop the sequence by adding or adapting their own movements.</li><li>• Share performances and evaluate</li></ul>	<p>Introduction to choreography</p> <p>Students learn and experiment with different methods of creating a choreography.</p> <ul style="list-style-type: none"><li>• The chance method</li><li>• Dance map method</li><li>• Motif and development method</li></ul> <p>Student work in small teams to develop their own short choreography.</p>
SESSION 2	SESSION 4
<p>Salsa master class</p> <ul style="list-style-type: none"><li>• Watch salsa dance clips and identify main moves and learn vocabulary</li><li>• Learn basic rhythm and steps</li><li>• Learn steps with a partner</li><li>• Learn a Salsa routine</li></ul>	<p>Choreography from stimulus</p> <ul style="list-style-type: none"><li>• Working with stimulus (words, images, props) to develop their choreography</li><li>• Students produce mini performances with reviews/evaluations of other groups' dances using vocabulary they have learned.</li></ul>



## FAQs.

### Which dance styles will be taught?

We offer a range of different dance styles. The styles offered will depend on the centre and the staff. Previous styles offered have included: contemporary, Latin, jazz, street dance, ballet and musical theatre.

HOURS BREAKDOWN PER 2 WEEK COURSE	
TUITION HOURS	PROGRAMME CONTENT
English Tuition: 30 hours	<b>Project work</b> in the classroom (student learn through doing a project with a specific outcome such as a magazine, short film or performance)
Electives Tuition: 18 hours	Chosen <b>elective</b> . Students choose 3 electives per course. Language learning is integrated into all these activities. Students each receive a handbook containing instructions, tips, activities and language tasks.
<b>TOTAL: 48</b>	
ACTIVITY HOURS	
Evening Events: 20 hours	<b>Evening events</b> . The students usually come together as a group for the evening programme. Students participate in range of creative games, contests and shows which encourage team work, cooperation and above all communication in English.
Free Activity Time: 6 hours	<b>Activity time</b> These sessions are more relaxed with the focus on fun, making friends and relaxation. Activities can be sports, arts and crafts or whole group activities such as a Country Fair or a Sports Tournament.
<b>TOTAL: 26</b>	
STUDY TOURS	
Study Tours: 3 days (9am-6pm)	<b>Study Tours:</b> Every student attends 3 full day study tours over a two week course. Students are prepared for study tours in class and the trips are integrated into the academic programme. Every student will visit London at least once during their stay. Other popular destinations include: Oxford, Warwick Castle, Greenwich, Cambridge and Brighton.